



AHEAD WITH HORSES INC.

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www.AWHLA.org Tax ID#: 95-3165603

June 4, 2016

My name is Veronica

I am a mother of two wonderful girls with Autism spectrum disorder. Sandra will be 11 years old this month and Isabel is 6 years old. When my first child was diagnosed at age three, the first thing I did was to find out which therapies were the most effective interventions to help kids with this disorder. During my research, "horse therapy" was highly recommended and in fact it has helped Sandra overcome hundreds of sensory problems and vestibular issues. In other words, she no longer throws up or gags when she sees or feels furry or rough textures. She can run, jump, skip, without falling or crashing with door frames when she walks. She finally feels much more comfortable in her own body. Because of the amazing benefits that my older daughter has gained from attending this program, I enrolled Isabel to horseback therapy days after her diagnosis. I have to remark that the benefits of attending this program with Isabel are extremely obvious. After every session, her sensory issues disappear, the mouthing, biting her nails, the first, and second layer of her fingers tips off stop for days. As well as impulsive behaviors.

However, without having one of my girls in a grant, we wouldn't be able to afford the sessions. So when you hear of all the benefits that children like my girls get, children with Special needs get from these beautiful creatures, from the generous support of donors, and all the staff from Ahead with Horses this wouldn't be possible. To every AWH families and children every day is a new day and a new challenge so with your generous contribution you would be helping our kids live a more successful life.



Thank you

Non-profit developmental therapy/education/recreation through horses for children with disabilities